TELOS
PROJECT
CROSSROAD INSTITUTE

Participate in a *Find Your Telos* Book Group!

It is our hope that this short, very readable book will invite and inspire parishes to become a loving home base for young adults! To this end, we highly encourage your community to come together as they read this book. The ideas presented in it are more likely to take on life when a group of people digest them together vs. on their own. So, we hope you as a parish will gather, discuss what stands out to you, wrestle through thoughts and questions, and together, determine some next steps for your specific context.

Host a local group! To do this you need...

- Someone willing to facilitate your group—to encourage folks to talk, make sure everyone gets a turn, and keep the group on schedule
- A comfortable, accessible place for people to gather (doesn't have to be at church!) OR online meeting software such as Zoom (great option if distance or traffic are obstacles!)
- A meeting time that works for everyone

How to structure your book study?

- Two options:
    - Read the book one chapter at a time; people come to each meeting having read the chapter, OR
    - Everyone read the book on their own and gather to discuss the entire book **(**if you choose this option, host your discussions in groups no larger than 4 or 5)
- Encourage people to write down their questions/thoughts as they read each chapter and then bring this list with them to the meeting
- Open your meeting with prayer, then invite people to share their thoughts and questions on the assigned chapter(s)
- At the end of each meeting, if it has not already happened in the discussion, draw out people's thoughts on what they think is an important "take away" for your particular parish
- For your last meeting, ask folks to both read the final chapter AND A Summary of Reflective Prompts...and once gathered, decide together which Reflective Prompt(s) you want to discuss
- Additional meetings could continue as discussions of **each** Reflective Prompt in turn, fleshing out together how you can act on them in your parish context